Welcome!

Evergreen Valley College

Nurse Assistant/Home Health Aide Training Program: An Introduction

Instructor: Elaine A. Kafle, PhD, MS, RN
Course is an introduction to nursing skills and care at the nurse assistant level.

We also have a home health aide component.

Curriculum: focus is on long-term care/seniors.
Overview

- Goal after successful ("C" or better) completion of course: passing the state certification exam and getting a job as a CNA!
- Requires commitment to do readings, study, and be attentive!
- After the initial "apprehension" for some people, it should be FUN!
- Course is also great foundation if you are considering going into nursing
Requirements

- Must have a high school diploma or GED!
- Must have a VALID social security # or Tax ID
- Must have a background check (done at school during orientation) Expungement papers required for cleared convictions
- Must have health clearance- physical exam, TB clearance, and flu shot
- Current CPR for healthcare provider (classes offered during the semester)
- Must be able to communicate clearly in English
Also required

- Students are not allowed to have fake nails, long nails, nail polish other than clear or very light, unnatural hair coloring (blue, purple, pink, etc.), visible tattoos, facial jewelry
- Supplies: watch with a second hand, black ink pen, clipboard for skills checklist
- Highly recommended: Access to internet/email; a printer
Attendance;
Typical Semester Schedule

- Class attendance is required in order to meet state regulatory requirements
- Please arrange your appointments outside of class time
- Schedule: First six weeks: lecture is Mon-Weds for 4 hours
- Week 3: There is also a mandatory skills lab, 4 hours, on Monday (instead of lecture)
- Week 7 and onward: begin clinical: Monday/Tuesday-section 201; Weds/Thurs-section 202
What does a CNA do?

Skills include:

• assisting with hygiene & grooming (dressing, bathing/showering, oral care, nail care, foot care, etc.);

• toileting & changing incontinent briefs

• taking vital signs

• bedmaking

• assisting with ambulation, positioning, transferring

• effective communication with clients, family members, health care team
Employment & Salary

CNAs work in:

• long-term care facilities
• assisted living centers
• the home setting as home health aides
• the hospital (sometimes called “Patient Care Technicians”)

From Salary.com: The median salary for CNAs in San Jose is $35,627 ($17.13/hr)- salary is higher in the hospital
Certification Exam

- Consists of a written exam & skills evaluation
- Location & dates for certification exam: TBA
- Non-refundable fee of $100
- We have excellent pass rates 😊
Evergreen is going green!

- Almost everything (PowerPoints, syllabus, policies, etc.) can be obtained from “Canvas”
- Go to www.evc.edu and click on “Canvas” on the right hand column under “Quick Links”. Instructions to log on are there.
Clinical Facility

- Lincoln Glen Manor: 2671 Plummer Ave, San Jose, CA 95125

- Use the following address to map quest the location: 2700 Booksin Ave.

- You should see a sign right at the parking lot entrance that says Lincoln Glen Skilled Nursing

- Parking: Lincoln Glen Church (shared with the nursing facility), South Lot, back rows
Expected Expenses

- **Health Exam/2-step TB test:** You may see your own healthcare provider, or call the Health Center at 408-270-6480 to schedule your physical exam/TB skin testing.

- Physical exam: $25 cash only; Medical History Review form completed prior if you are getting exam done at school.

- TB tests: ~$7 cash only- need to complete TB Pre-Screening questionnaire prior; usually done on MONDAYS, read on WEDNESDAYS. Chest Xray ONLY if needed: ~$50 at Just Xrays.

- Flu Shots are $2

- Required forms may be obtained on the EVC website (www.evc.edu; look in the nursing department/CNA section).
Expected Expenses

- Uniform: approx. $36-$43+tax for women; $45+tax for men (more for tall/plus sizes)
- Uniform sleeve patch: $4
- Textbook- Hartman’s Nursing Assistant Care: Long-term & Home Care (ISBN 978-60425-037-4): No cost to student; these are given out. Workbook is optional but helpful; purchase at bookstore.
Expected Expenses

- CPR: approx. $55 (please show me your card on or before the first clinical day)
- Certification exam fee: $100
- End-of-semester clinical gift to thank clinical site: Monday, Tuesday, & Friday group each to decide; Potluck? Plant per station? Chocolates per station? Etc.
Resource

Link for salary info:

Questions?