MENTAL HEALTH COUNSELING RESOURCES

SANTA CLARA COUNTY CALL CENTER at 1-800-704-0900 (For Medi-Cal only)**

**They will do an assessment on the phone and find the right fit for language, culture, type of service, etc. with Community-based Agencies that accept Medi-Cal.

For immediate help:

CRISIS/SUICIDE LINE: 1-855-278-4204 or text “COURAGE” to 741741

MENTAL HEALTH URGENT CARE CLINIC open 7 days a week 8 am to 10 pm

871 Enborg Court, San Jose, Ca 95128 1-408-885-7855

Following resources are for uninsured individuals/families: Fees based on income or sliding scale:

Bill Wilson Center (ask for Intake Coordinator) 408-243-0222
3490 The Alameda, Santa Clara, CA 95050

Process Therapy Institute 408-963-6694
595 Millich Dr Suite 102, Campbell, CA 95008

Christian Counseling Center (ask for Intake Coordinator) 408-559-1115
3880 S Bascom Ave #202, San Jose, CA 95124

BACA (up to age 25- Ask for Ryan Fabie) 408-996-7950
1175 Saratoga Ave., Ste. 14, San Jose, CA 95129

Grace Baptist Community Center 408-293-0422
484 E San Fernando St, San Jose, CA 95112

Community Psychotherapy Institute 408-244-1362
960 Saratoga Ave # 102, San Jose, CA 95129

If you have Insurance, please check your provider list for services and therapists in the area.

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