KINESIOLOGY - ASSOCIATE IN ARTS FOR TRANSFER

The Associate in Arts in Kinesiology for Transfer (AA-T) degree will prepare students with the strong foundation necessary for pursuing studies at the university level in various careers in the health, fitness, and sports industries. Career options include: sport coach, strength and conditioning specialist, athletic director, physical therapist, personal trainer, health club owner, exercise physiologist, sport psychologist, sports management and athletic trainer. TheAA-T in Kinesiology is intended for students who plan to complete a baccalaureate degree in Kinesiology or a related field of study at a California State University (CSU). Students who complete this degree are guaranteed admission to the CSU system, but not to a particular campus or major. Students transferring to a CSU campus that accepts the AA-T in Kinesiology will be required to complete no more than 60 semester units after transfer to earn a baccalaureate degree.

To be awarded the Associate Degree for Transfer, students must have the following:

- Completion of 60 CSU transferable semester units.
- A minimum of at least 2.0 GPA in CSU transferable courses (note that a higher GPA may be required in some institutions).
- Completion of at least 18 units in the major with a grade of “C” or better. A “P” (Pass) grade is also an acceptable grade for courses in the major if the course is taken on a Pass/No Pass basis.
- Certified completion of the CSU General Education-Breadth (CSU GE-Breadth) requirements, or completion of the Intersegmental General Education Transfer Curriculum (IGETC) for CSU requirements.

Please Note: No more than 60 semester units are required for this degree and no additional requirements will be imposed by Evergreen Valley College.

Program Learning Outcomes

- Demonstrate an understanding of the basic structure of the human body and how its various systems respond.
- Explain the importance of lifetime fitness in today's society.
- Identify the values or code of ethics related to the major that reflects one's respect for different ideas, peoples, and cultures.
- Demonstrate oral and written competence in the major field.

Major Requirements

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Units</th>
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<tbody>
<tr>
<td><strong>Core Requirements</strong></td>
<td></td>
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</tr>
<tr>
<td>KINS 033</td>
<td>Introduction to Kinesiology and Physical Education</td>
<td>3</td>
</tr>
<tr>
<td>BIOL 071</td>
<td>Human Anatomy</td>
<td>5</td>
</tr>
<tr>
<td>BIOL 072</td>
<td>Human Physiology</td>
<td>5</td>
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Movement-based Courses: Select one course from three of the following areas:

- Fitness
  - KINS 021 Step Aerobics
  - KINS 022 Ultimate Fitness
  - KINS 029 Power Punch
  - KINS 034 Fit Camp
  - KINS 039A Hatha Yoga

**List A: Select two courses**  6

- CHEM 030A Introduction to Chemistry or CHEM 001A General Chemistry
- KINS 025 First Aid, CPR & AED
- MATH 063 Elementary Statistics or BUS 060 Fundamentals of Business Statistics
- PHYS 002A Algebra/Trigonometry-Based Physics I or PHYS 004A General Physics

Total Requirements

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Units</th>
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<tbody>
<tr>
<td><strong>Major Requirements</strong></td>
<td></td>
<td>22-26</td>
</tr>
<tr>
<td><strong>CSU GE-Breadth or IGETC for CSU</strong></td>
<td>37-39</td>
<td></td>
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<tr>
<td><strong>Total Units</strong></td>
<td></td>
<td>60</td>
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Some GE courses may be double-counted within the major and will reduce the number of units. General electives may be needed to reach 60 units. Please consult with a counselor to determine which courses are applicable.