MENTAL HEALTH COUNSELING RESOURCES

SANTA CLARA COUNTY CALL CENTER  at 1-800-704-0900  (For Medi-Cal only)**

**They will do an assessment on the phone and find the right fit for language, culture, type of service, etc. with Community-based Agencies that accept Medi-Cal.

For immediate help:

CRISIS/SUICIDE LINE:  1-855-278-4204 or text “COURAGE” to 741741

MENTAL HEALTH URGENT CARE CLINIC  open 7 days a week 8 am to 10 pm

871 Enborg Court, San Jose, Ca  95128  1-408-885-7855

Following resources are for uninsured individuals/families:  Fees based on income or sliding scale:

Bill Wilson Center  (ask for Intake Coordinator)  408-243-0222

3490 The Alameda, Santa Clara, CA 95050

Process Therapy Institute  408-963-6694

595 Millich Dr Suite 102, Campbell, CA 95008

Christian Counseling Center  (ask for Intake Coordinator)  408-559-1115

3880 S Bascom Ave #202, San Jose, CA 95124

BACA  (up to age 25)  408-996-7950

1175 Saratoga Ave., Ste. 14, San Jose, CA 95129

Grace Baptist Community Center (need to become a member)  408-293-0422

484 E San Fernando St, San Jose, CA 95112

Community Psychotherapy Institute (Domestic Violence cases)  408-244-1362

960 Saratoga Ave # 102, San Jose, CA 95129

If you have Insurance, please check your provider list for services and therapists in the area.

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