



EVERGREEN
HEALTH & WELLNESS SERVICES

TAKE A BREAK FOR SELF-CARE

SOUL SERIES

12:00PM TO 1:00PM

IN THE CENTRAL GREENS

May 7: Painting for the soul

May 14: Soul Circle Drumming

May 21: Soul Poetic Poetry

May 28: Soulful Movement

Call: (408) 274-7900 ext. 6217

Visit: Health & Wellness Services (S-1041)