



# Art and Wellness

## PEER SUPPORT GROUP

DISCUSSIONS ON MENTAL HEALTH AND WELLNESS  
ART ACTIVITIES (PAINTING AND CROCHET)

EVERY TUESDAY FROM  
**FEBRUARY 18TH TO MAY 6TH**

EXCLUDING HOLIDAYS AND BREAKS

**10:30AM TO 12:00PM**

VETERAN'S CONFERENCE ROOM  
**STUDENT SERVICES COMPLEX: S - 1027**



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Powerful Leadership and Learning for Unified Success



**HEALTH &  
WELLNESS SERVICES**



Catholic Charities  
of Santa Clara County

For more info, contact: [Kara.has@evc.edu](mailto:Kara.has@evc.edu)

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